

# *Make Your Prayer Ascend Like Incense Before the Throne of God*



## *Paragraph 2581 - ARTICLE 1 IN THE OLD TESTAMENT*

*For the People of God, the Temple was to be the place of their education in prayer: pilgrimages, feasts and sacrifices, the evening offering, the incense, and the bread of the Presence (“shewbread”)—all these signs of the holiness and glory of God Most High and Most Near were appeals to and ways of prayer. CCC*

## *Psalms 140:2*

*Let my prayer be directed as incense in thy sight; the lifting up of my hands, as evening sacrifice.*

*V1 – “...The same for you: while seeing yourself beaten, disheartened and alone, you will Resign yourself to My Holy Dispositions, you will Thank Me with All your heart, you will Kiss My Hand that Strikes you, Recognizing yourself unworthy of*

*those pains. Then, you will offer to Me that bitterness, anguish and tedium, Praying Me to Accept them as a Sacrifice of Praise, of Satisfaction for your sins, and of Reparation for the offenses that they give Me. If you do so, your Prayer will Ascend Before My Throne as Most Fragrant Incense; it will Wound My Heart, and you will Draw New Graces and New Charisms Upon you.*

*V3 – January 6, 1900 - So, in seeing my misery, the thought came to me of offering my body as Myrrh, with all the sufferings of the twelve years in which I had been in bed, ready to suffer and to remain there as Much Longer as He Pleasèd; as Gold, the pain I feel when He Deprives me of His Presence, which is the Most Painful and Sorrowful thing for me; as Incense, my poor Prayers, United to those of the Queen Mama, so that they might be More Pleasing to Baby Jesus. So I made the Offering with Full Confidence that the Baby would Accept Everything.*

*V6 – January 6, 1904 – "...It is Prayer, Especially the Spirit of interior prayer, which Knows How to Convert into Gold, not only the internal works, but also the external works - and this is the Incense."*

*V11 – March 16, 1913 - "My daughter, when the soul prays with some natural fervor, it is Incense with smoke - not Perfectly Pure. Instead, when she prays feeling cold but with the Effort to Please Me, without having allowed anything extraneous to Me to enter herself, this is a Purer Incense - with nothing extraneous. Both of them are pleasing to Me, but the Purer the Incense she Sends, the More I AM Pleasèd, because smoke always bothers the eyes."*