

# *Garment of Fortitude (Hope)*



## *I. The Human Virtues*

**1808** *Fortitude is the moral virtue that ensures firmness in difficulties and constancy in the pursuit of the good. It strengthens the resolve to resist temptations and to overcome obstacles in the moral life. The virtue of fortitude enables one to conquer fear, even fear of death, and to face trials and persecutions. It disposes one even to renounce and sacrifice his life in defense of a just cause. "The Lord is my strength and my song."*<sup>70</sup>

### **Daniel 2:20 [Douay-Rheims]**

*And speaking he said: Blessed be the name of the Lord from eternity and for evermore: for wisdom and fortitude are his.*

### **2 Machabees 6:28 [Douay-Rheims]**

*And I shall leave an example of fortitude to young men, if with a ready mind and constancy I suffer an honourable death, for the most venerable and most holy laws. And having spoken thus, he was forthwith carried to execution.*

### *From the Book of Heaven*

**V1** - "Hope", Jesus said, "provides the soul with a Garment of Fortitude, almost of Iron, in such a way that, with all of their arrows, the enemies cannot wound her; not only this, but they cannot cause even the slightest disturbance. Everything is Tranquillity in her, everything is Peace. Oh! it is beautiful to see this soul invested with Beautiful Hope, all cleaving to her Beloved, all distrustful of herself, and all Trustful in God. She challenges the fiercest enemies, she is queen of her passions; she regulates all of her interior, her inclinations, desires, heartbeats, thoughts, with such mastery that Jesus Himself remains enamored, because He sees that this soul operates with such courage and strength. But she draws it from Him, and places all her Hope in Him, so much so, that in seeing this Firm Hope, Jesus cannot deny anything to this soul."