

Sacrifice of Praise

September 2



Article 3 THE SACRAMENT OF THE EUCHARIST (CCC)

II. What Is This Sacrament Called?

1330 *The memorial of the Lord's Passion and Resurrection. The Holy Sacrifice, because it makes present the one sacrifice of Christ the Savior and includes the Church's offering. The terms holy sacrifice of the Mass, "sacrifice of praise," spiritual sacrifice, pure and holy sacrifice are also used,¹⁵⁰ since it completes and surpasses all the sacrifices of the Old Covenant.*

V. The Sacramental Sacrifice: Thanksgiving, Memorial, Presence

1361 *The Eucharist is also the sacrifice of praise by which the Church sings the glory of God in the name of all creation. This sacrifice of praise is possible only through Christ: he unites the faithful to his person, to his praise, and to his intercession, so that the sacrifice of praise to the Father is offered through Christ and with him, to be accepted in him.*

Psalms 49:23

The sacrifice of praise shall glorify me: and there is the way by which I will shew him the salvation of God.

Psalms 115:17

I will sacrifice to thee the sacrifice of praise, and I will call upon the name of the Lord.

Hebrews 13:15

By him therefore let us offer the sacrifice of praise always to God, that is to say, the fruit of lips confessing to his name.

From the Book of Heaven

V1 - *"...Instead, when you find yourself in that state, the first thing to do is to humble yourself, confessing that you deserve those pains, and placing yourself in the arms of the executioner, like a humble little lamb that licks his hand while he kills it. The same for you: while seeing yourself beaten, disheartened and alone, you will resign yourself to my holy dispositions, you will thank Me with all your heart, you will kiss my hand that strikes you, recognizing yourself unworthy of those pains. Then, you will offer to Me that bitterness, anguish and tedium, praying Me to accept them as a sacrifice of praise, of satisfaction for your sins, and of reparation for the offenses that they give Me. If you do so, your prayer will ascend before my throne as most fragrant incense; it will wound my Heart, and you will draw new graces and new charisms upon you. In seeing you humble and resigned, all plunged into your nothingness, the devil will not have the power to get close. And here is how, where you thought you were losing, you will make great gains."*

FIAT!